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“OUR MOMENT IN TIME” RELATIONSHIP STATUS SURVEY©

Please circle your heartfelt answer to the questions below on the following 1 to 6 or NA scale:

6 = All of the time 4 = More often than not 2 = Hardly at all
 5 = Most of the time 3 = Less often than not 1 = Not at all
 NA = Not Applicable

1. Do you feel your partner’s love for you? 1 2 3 4 5 6
2. Do you feel love for your partner? 1 2 3 4 5 6
3. Does your partner understand and provide what you need and want from him/her in the relationship? 1 2 3 4 5 6
4. Do you understand and provide what your partner needs and wants from you in the relationship? 1 2 3 4 5 6
5. Have you, together, created your home as safe and a place you equally enjoy? 1 2 3 4 5 6 NA
6. Are you able to quickly and consistently resolve feelings of hurt or anger that get created between you and your partner? 1 2 3 4 5 6
7. When you have differences of opinion or desire, do you and your partner discuss the issue until it is resolved or agreed upon? 1 2 3 4 5 6
8. Does your partner satisfy your sexual desires and needs? 1 2 3 4 5 6 NA
9. Would your partner say you satisfy his/her sexual needs and desires? 1 2 3 4 5 6 NA
10. Are you confident that your partner is sexually faithful to you? 1 2 3 4 5 6 NA
11. Is there enough sharing of true thoughts and feelings in your relationship interactions? 1 2 3 4 5 6
12. Does your partner acknowledge you enough? 1 2 3 4 5 6
13. Does your partner encourage you enough? 1 2 3 4 5 6
14. Do you argue in a healthy way and to an agreed upon conclusion most of the time? 1 2 3 4 5 6
15. Are you pleased with how you share work load and responsibilities? 1 2 3 4 5 6
16. Are you pleased with how you and your partner acquire, manage, spend, and save money? 1 2 3 4 5 6

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|---|---|---|---|---|---|------|
| 17. Are you satisfied with how you and your partner socialize with family and friends? | 1 | 2 | 3 | 4 | 5 | 6 |
| 18. Are you satisfied with the choices and frequency of your recreational activities with your partner? | 1 | 2 | 3 | 4 | 5 | 6 |
| 19. Do you get enough alone time to socialize, recreate, and be intimate with your partner? | 1 | 2 | 3 | 4 | 5 | 6 |
| 20. Are you pleased with the success and effectiveness of your co-parenting? | 1 | 2 | 3 | 4 | 5 | 6 NA |

“OUR MOMENT IN TIME” RELATIONSHIP SURVEY – Using Your Results

Your committed relationship lives in the experience you have of one another. It is an ever-changing entity that requires on-going attention and growth to ensure that you will enjoy one another to the fullest.

- ✓ Share your completed surveys with each other.
- ✓ Acknowledge which items you have rated similarly and differently.
- ✓ Acknowledge the items you both agree you have created to your desire.
- ✓ Identify and prioritize the items that you desire to collaborate to improve.
- ✓ Use the attached form to support you in planning and achieving your desired change.
- ✓ Make a commitment to enjoy that process!

Call 1 (866) 724-2000 to schedule time with a

GRS Relationship Coach to help you!

in-person by phone using Skype

